

# United Action for Human Development (UAHD)

## Annual Report 2013

### 1. Organization Overview

**UNITED ACTION for Human Development (UAHD)** is a registered nonprofit organization under the Social Welfare Act of 1961. Since its inception, UAHD has been dedicated to empowering marginalized communities through sustainable solutions, primarily focusing on rural areas in Sindh, including **Jacobabad**.

A major initiative introduced by UAHD is the **Fuel-Efficient Stove (FES)** program. This intervention is designed to improve the cooking methods, health, and environment for rural families, particularly women, by providing more efficient and eco-friendly cooking solutions.

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### 2. Key Intervention: Fuel-Efficient Stove (FES)

Launched in 2012, the **Fuel-Efficient Stove (FES)** has been introduced in the rural communities of **UC Mubarkpur Thull** and **UC Ahmedpur** in Jacobabad. Since its inception, **3 Fuel-Efficient Stoves** have been installed across **5 villages** in UC Mubarkpur and **3 villages** in UC Ahmedpur, benefiting hundreds of households.

The **FES** initiative is aimed at reducing the health and environmental impact of traditional stoves. The stove not only cuts down on the consumption of firewood but also reduces harmful emissions, improving indoor air quality and reducing respiratory risks, particularly for women and children.

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### 3. Focus on Training of Trainers (ToTs) for Local Communities

One of the key components of the FES program is the **Training of Trainers (ToTs)**, which equips local community members with the necessary skills and knowledge to promote and maintain the **Fuel-Efficient Stoves**. These **ToTs** focus on building local capacity, ensuring sustainability, and empowering community members to take ownership of the initiative.

#### Objectives of ToTs:

- **Knowledge Transfer:** Community members, especially from NGOs, CBOs, and local volunteer organizations, are trained on the principles of FES technology, its environmental and health benefits, and its practical application.
- **Capacity Building:** ToTs aim to build the capacity of local trainers, so they can further train others within their communities, creating a ripple effect of knowledge sharing.
- **Sustainability:** By training local trainers, the initiative ensures that the knowledge about FES technology is passed on long after the initial intervention, allowing communities to continue implementing and promoting the stoves.
- **Community Ownership:** Empowering local trainers and communities fosters a sense of ownership and responsibility, ensuring that the project has a lasting impact on their daily lives.

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### 4. Impact of ToTs on Local Communities

The **Training of Trainers (ToTs)** has had a transformative impact on local communities in the following ways:

- **Empowerment of Local Leaders:** By training community members to become trainers, UAHD has created local leaders who are actively involved in promoting sustainable practices within their communities. These trained individuals have become key influencers in their areas, educating others about the importance of using Fuel-Efficient Stoves.
- **Enhanced Awareness and Adoption of FES:** The ToTs have significantly contributed to the broader adoption of FES technology. As local trainers, community members are able to explain the benefits of the stove to their peers, making it easier for others to embrace this sustainable cooking solution.
- **Skills Development:** The ToT program provides local trainers with valuable skills, including technical knowledge on stove installation, maintenance, and repair, as well as skills related to environmental education and health promotion.
- **Increased Community Engagement:** By involving community members in the training process, UAHD has fostered a culture of active participation. Local communities now play a central role in the promotion and maintenance of the FES program, which strengthens social cohesion and collaboration.
- **Long-term Sustainability:** The ongoing training efforts ensure that the knowledge about FES is continually passed down, making the initiative sustainable over time. As trained local trainers continue to educate others, the program is more likely to thrive beyond the initial phases of intervention.

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### 5. Conclusion

The **Training of Trainers (ToT)** approach is a cornerstone of the **Fuel-Efficient Stove (FES)** initiative by **UAHD**. Through these training programs, UAHD has effectively empowered local communities in **Jacobabad** to take charge of their development, promoting environmental sustainability, improving health, and enhancing the livelihoods of women. The success of the ToT program ensures that the **Fuel-Efficient Stove** will continue to benefit rural households in the long term.

By focusing on local community engagement, **UAHD** is not only promoting the adoption of innovative solutions but also fostering a culture of self-reliance and community-driven change.

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## Pictorial view:



*Fuel Efficient stove and community meetings*