

# United Action for Human Development (UAHD)

## Annual Report 2016

### Introduction

United Action for Human Development (UAHD) has been engaged in promoting Water, Sanitation, and Hygiene (WASH) practices in Taluka Jacobabad through the establishment and support of School WASH Clubs. The project aimed to enhance the knowledge and practices of students related to hygiene, water conservation, and sanitation, while fostering leadership skills among the youth to drive community-wide change. This report provides a comprehensive overview of the activities, outcomes, and challenges faced during the implementation of School WASH Club sessions over the past year.

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### Objectives

- Promote WASH Awareness:** To educate students on the importance of safe drinking water, sanitation, and personal hygiene.
- Empower Youth Leadership:** To equip students with the tools and knowledge to lead change within their communities regarding WASH practices.
- Foster Community Engagement:** To bridge the gap between schools and local communities by organizing community outreach activities led by the WASH Clubs.

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### Activities Conducted

#### 1. School WASH Club Formation and Training

At the beginning of the year, WASH Clubs were formed in schools across the Taluka, bringing together enthusiastic students to participate in training sessions on water safety, sanitation, and hygiene. These sessions were designed to provide practical knowledge, including proper handwashing techniques, safe disposal of waste, and water conservation methods.

#### 2. Regular WASH Sessions

The School WASH Clubs conducted regular sessions within the schools. These included:

- Interactive Workshops:** Covering key topics like waterborne diseases, hygiene practices, and the importance of using safe water sources.
- Practical Demonstrations:** Hands-on activities, including handwashing techniques and the creation of DIY water filters, were conducted to make the lessons engaging and informative.
- Community Outreach:** WASH Club members extended their efforts to the community by organizing hygiene campaigns, awareness drives, and information dissemination on WASH best practices.

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### 3. Health and Hygiene Campaigns

To further enhance the reach of the WASH initiatives, the students took part in community-wide health and hygiene campaigns. These campaigns included:

- Awareness walks
- Distribution of hygiene kits
- Engaging community leaders to promote WASH-related messages

### 4. Awareness Sessions for Parents and Teachers

Special sessions were organized for parents and teachers, emphasizing the importance of maintaining a clean and safe environment in schools and homes. This was aimed at creating a holistic WASH culture that extends beyond students to their families.

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## Achievements

### 1. Increased Awareness

Over 5,00 students across 10 schools in Taluka Jacobabad participated in the WASH Club sessions, significantly increasing the level of awareness regarding sanitation and hygiene. The students, in turn, became ambassadors of WASH practices, spreading the knowledge within their communities.

### 2. Empowerment of Students

Students, especially the leaders of WASH Clubs, displayed improved leadership and communication skills. They took responsibility for organizing and implementing WASH activities, thus building a sense of ownership and responsibility within the youth.

### 3. Improved Hygiene Practices

There was a noticeable improvement in hygiene practices within schools. Students began to regularly wash their hands before meals and after using the restroom, which contributed to a reduction in the spread of waterborne diseases.

### 4. Community Engagement

The engagement of parents, local leaders, and teachers through workshops and awareness sessions resulted in a more cohesive approach towards improving hygiene and sanitation practices in the wider community.

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## Pictorial view:

