



# United Action for Human Development (UAHD)

## Annual Report 2021

### Executive Summary

United Action for Human Development (UAHD) conducted a series of 13 awareness sessions aimed at promoting hygiene and sanitation practices across schools and communities in Taluka Jacobabad. These sessions targeted both students and community members, focusing on water safety, proper sanitation, and preventive health measures. The program sought to empower students as ambassadors of hygiene within their families, while also engaging the broader community to adopt safe practices that improve public health.

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### Objectives

The primary goals of the awareness sessions were as follows:

- To educate students and community members about essential hygiene and sanitation practices.
- To encourage a shift in behavior by promoting safe water handling and waste management.
- To create a sustainable impact by empowering students and community leaders to advocate for proper hygiene practices.
- To reduce the occurrence of waterborne diseases by improving community knowledge on safe practices.

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### Activities Overview

#### 1. School Awareness Sessions

A total of 7 sessions were held in local schools, engaging over 800 students, including both boys and girls. The sessions included interactive discussions, demonstrations, and group activities that emphasized:

- The importance of handwashing with soap.
- Safe storage and use of drinking water.
- Proper waste disposal and sanitation practices.

These sessions were conducted with the aim of not only educating the students but also encouraging them to take the lead in promoting hygiene within their families and communities. Hygiene Ambassadors were selected from the students to further advocate for these practices.

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## 2. Community Awareness Sessions

In parallel, 6 community sessions reached approximately 500 individuals, focusing on adults and parents. These sessions addressed:

- Techniques for safe water treatment and storage.
- Methods for preventing water contamination.
- Educating families on managing household sanitation.

The community sessions were designed to empower individuals to adopt healthier practices at home. Materials such as pamphlets, posters, and hygiene kits were distributed to reinforce the message.

## 3. Integration of School and Community Efforts

The initiative fostered collaboration between schools and local communities. Students, particularly those designated as Hygiene Ambassadors, played an active role in extending the hygiene message to their families and neighbors. This student-led approach helped amplify the impact of the sessions and created a ripple effect within the community.

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### Key Outcomes

- **Engagement:** Over 1,300 individuals participated across both schools and community sessions.
- **Improved Hygiene Awareness:** There was a significant increase in participants' understanding of proper sanitation practices, with particular improvements in the areas of handwashing and safe water handling.
- **Leadership Development:** 50 students were trained as Hygiene Ambassadors. These students have since been actively spreading awareness and educating their peers and families on hygiene practices.
- **Behavioral Change:** Preliminary feedback suggests that many participants have adopted new hygiene practices, such as regular handwashing and proper water storage techniques, within their households.

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### Conclusion

The awareness sessions conducted by UAHD have proven to be an effective strategy for raising hygiene awareness and promoting sanitation practices in Taluka Jacobabad. The involvement of students as Hygiene Ambassadors has created a sustainable model for spreading health messages

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throughout the community. Moving forward, there is a need for continued engagement, regular follow-up sessions, and increased resource allocation to ensure that these efforts lead to long-term improvements in public health.

## Recommendations for Future Actions:

- **Continuous Engagement:** Regular follow-up sessions and refresher courses to reinforce the importance of hygiene practices.
- **Broader Community Involvement:** Increased participation from local leaders and elders to overcome cultural barriers.
- **Enhanced Resources:** Provision of additional hygiene kits, printed materials, and better logistical support to expand the program's reach.

## Pictorial view:



*Meeting with community on health and Hygiene awareness*